





## OKLAHOMA COUNTY HEALTH PLAN PARTICIPANTS, THESE SERVICES ARE 100% COVERED IN YOUR BENEFITS PACKAGE

As Oklahoma County employees, many of you are on the front lines of both the Covid-19 pandemic, and the civil unrest that is currently unfolding in our nation, our state, and our city. Now, more than ever, it is important to know that you have support. Rivus Wellness and Research Institute is open and available to you. If you are experiencing signs of depression, anxiety, PTSD, insomnia, stress, anger, or just need someone to talk to, we can help. Call us today, <u>all information is kept completely confidential</u>.

- FAMILY MEDICINE AND PRIMARY CARE PROVIDER -(New as of 2020)
- > FULL BODY WELLNESS TEST WITH WELLNESS PLAN (Get in better health in 2020)
- > ADHD/ADD
- **DEPRESSION**
- > ANXIETY
- **HEADACHES**
- > STRESS
- > ANGER
- > MEDICATION MANAGEMENT
- > COGNITIVE BEHAVIORAL THERAPY (CBT)
- > INDIVIDUAL, COUPLES, FAMILY AND GROUP THERAPY
- > ADDICTION
- > EYE MOVEMENT DESENSITIZATION AND REPROCESSING THERAPY (EMDR)
- > PARENT CHILD INTERACTION THERAPY (PCIT)
- > THERAPEUTIC YOGA
- > THERAPEUTIC MUSCLE RELEASE
  KETAMINE INFUSION FOR CHRONIC
  PAIN/DEPRESSION

